

Be an Allergy Ally

Help keep classmates safe, included, and understood.

1

H2O

Wash Hands After Eating

Clean hands help prevent allergic reactions.

2

NO

Don't Share Food

Even a tiny amount of the wrong food can make someone very sick.

3

ASK

Ask Before Bringing Treats

Always check with your teacher first.

4

HELP

Be a Brave Helper

If someone forgets the rules, kindly remind them or tell a teacher.

Safe • Included • Understood

Food Allergy Awareness Week

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